

## MEIGS COUNTY RESOURCES

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### **Albany Counseling Services**

5550 Ennis Rd.  
Albany, OH 45710  
740-698-0601  
albanycounseling.com  
*Private Insurance, Self Pay*

### **GRIEFSHARE**

Multiple locations—please visit [www.griefshare.org](http://www.griefshare.org)  
to find a location near you or call 800-395-5755  
*Typically a \$10-15 fee for workbook*

### **Hopewell Health Centers**

Pomeroy Behavioral Health Care Clinic  
112 E Memorial Dr #B  
Pomeroy, OH 45769  
740-992-2192  
hopewellhealth.org  
Behavioral Health, Counseling  
*Private Insurance, Sliding Scale, Medicaid*

### **National Suicide Prevention Line**

1-800-273-Talk  
  
You don't have to be suicidal to call for support. If you are  
having a challenging day, they are happy to listen and also  
help find resources in your community.  
  
*No Cost*

### **Integrated Services for Behavioral Health**

150 B Mill Street  
Middleport, Ohio 45760  
740-444-5895  
integratedservice.org  
Counseling, Psychiatry  
*Medicaid Plans*

### **Ohio Suicide Prevention Foundation**

24-Hour Crisis Line/Emergency Services  
Marion: 800-252-5554  
*No Cost*

### **Psychology Today**

psychologytoday.com  
Visit Psychology Today to find therapists near you

## THINGS TO CONSIDER:

- ◇ Hospice programs and hospitals provide grief support groups to everyone in the community, your family did not have to be involved at that location to attend groups.
- ◇ When you call one of these providers, ask if they accept your insurance.
- ◇ Grief support groups often change times/days of their groups. Call ahead for their current schedule.