

## ALLEN COUNTY RESOURCES



### **Cornerstone of Hope**

530 South Main St.

Lima, OH 45804

419-222-1168

cornerstoneofhopec.org

Counseling, Support Groups

*Private Insurance, Sliding Scale for Counseling*

*No Cost for Groups*

### **Coleman Professional Services**

799 S. Main St.

Lima, OH 45804

419-229-2222

colemanservices.org

Counseling, Psychiatry, Crisis Support

*Private Insurance, Medicaid, Medicare, Sliding Scale*

### **Comprehensive Counseling &**

#### **Psychological Services**

3 W Stimson Ave.

Athens, OH 45701

740-592-3600

Counseling Services

*Accept most major Private Insurances*

### **Counseling Awareness Center**

1240 W. Market St. #3

Lima, OH 45805

567-376-9235

Counseling Services

*Accept most major Private Insurances*

### **Family Resource Centers**

2963 Blue Jacket Court, Suite B

Lima, OH 45806

419-581-9138

www.cornerstoneofhopec.org

Counseling Services

*Private Insurance, Sliding Scale, Medicaid*

### **GRIEFSHARE**

Multiple locations—please visit

www.griefshare.org to find a location

near you or call 800-395-5755

*Typically a \$10-15 fee for workbook*

### **Lutheran Social Services of Northwestern Ohio**

616 S Collett St. Suite 203

Lima, OH 45805

419-879-6029

Counseling

*Private Insurance, Medicaid, Sliding Scale*

### **National Suicide Prevention Line**

1-800-273-Talk

You don't have to be suicidal to call for support. They will help you find resources in your community.

*No Cost*

### **Ohio Suicide Prevention Foundation**

24-Hour Crisis Line

Allen: 800-567-4673

*No Cost*

### **Psychology Today**

psychologytoday.com

Visit Psychology Today's website to find therapists near you

### **St. Rita's Hospice**

959 W. North Street

Lima, OH 45805

419-226-9064

Grief Counseling, Support Groups

*No Cost*

### **THINGS TO CONSIDER:**

- ◇ Hospice programs and hospitals provide grief support groups to everyone in the community, your family did not have to be involved at that location to attend groups.
- ◇ When you call one of these providers, ask if they accept your insurance.
- ◇ Grief support groups often change times/days of their groups. Call ahead for their current schedule.